

## Omelette's \$7.69am

INCLUDES CHOICE OF BREAD, SMALL COFFEE, TEA, ICED TEA OR 6OZ OJ

**Western\*:** Ham, peppers, onions

**Southwest\*:** Ham, cheddar, fresh salsa

**Mid West\*:** Ham, cheddar, potato

**Western Europe\*:** Sausage, Swiss, potato

**West Coast\*:** Honey turkey, Swiss, tomato

**Wild West\*:** Roast beef, cheese, onions

**West Side\*:** Ham, bacon, cheese

**Italian\*:** Ham cappy, tomato, mozzarella

**Greek\*:** Fresh spinach, tomato, feta cheese

**Spanish\*:** Tomato, peppers, onions

**Mexican\*:** Black beans, cheddar, fresh salsa

**Cordon Blu\*:** Chicken breast, ham, Swiss

**Hampton\*:** Turkey bacon, tomato, spinach

**Suffolk\*:** Turkey bacon, tomato, Swiss

**Nassau\*:** Grilled chicken, spinach, Swiss

**Brooklyn\*:** Potato, onions, peppers

**LEO-T (+ 1.99)\*:** Nova lox, eggs, onion, tomato

**Veggie (+ 0.99)\*:** Tomato, mushrooms, peppers, onions, spinach and choice of cheese

**911 (+ 0.99)\*:** Ham, bacon, sausage, cheese, potato

**Kitchen Sink (+ 0.99)\*:** Tomato, mushrooms, peppers, onions, ham, bacon, cheese

### Make Your Own: (choose any three)

Ham, bacon, sausage, turkey, chicken, roast beef, peppers, tomato, onions, mushrooms, salsa, potato, black beans, spinach, broccoli, any cheese/cold cut, (Nova Lox (+1.99), (Avocado (+1.61)

\*Consuming raw under cooked meat, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. Please inform your server of any allergies.

## Egg Specials All Day!

COFFEE, TEA, ICED TEA OR 6OZ. JUICE INCLUDED

**#1 SPECIAL\* \$5.21**  
One or Two Eggs

**#2 SPECIAL\* \$5.85**  
One of Two Eggs  
w/ bacon or ham or sausage

**#3 SPECIAL\* \$5.62**  
One or Two Eggs w/cheese

**#4 SPECIAL\* \$6.08**  
Two or Three Eggs  
and any premium meat  
Beef (Sliced/Pastrami/Corned Beef)  
Turkey (Sliced/Bacon/Sausage/  
Pastrami/Maple Turkey/Pepper Turkey)

**NO EXTRA CHARGE FOR EGG WHITES!**  
**(ALA CARTE; NO BEVERAGE DEDUCT .99)**

## Dudes \$8.15am

Add potatoes to sandwich \$1.50

**Hungry Dude\*:** 3 eggs, bacon, ham, sausage cheese

**Healthy Dude\*:** 3 eggs, turkey, turkey bacon, swiss & tomato

**Veggie Dude\*:** 3 eggs, peppers, onions, mushrooms, lettuce, tomato and cheese

**No Eggs Dude:** Double bacon, ham, cheese and sausage NO EGGS

**Superman\*:** 2 eggs, bacon, 1/2 lb beef patty & american cheese on a roll

**Batman\*:** 2 eggs, bacon, chicken cutlet & american on a roll

## Wraps \$6.25

**Good for You\*:** 3 eggs, turkey bacon, and swiss on a wheat wrap

**Taste Good for You\*:** 3 eggs, bacon, ham and cheese on a wrap

**Ultimate Breakfast\*:** 3 eggs, turkey bacon, lettuce & tomato on a wrap

## Extras

**Add Cheese \$0.88**

**Extra Egg to any sandwich \$0.90**

**Home Fries SM \$3.50; LG \$4.99**

**Hash Brown Patty \$1.50**

**Avocado \$1.77**

**Add lettuce, tomato, onions,  
mushrooms, cucumber, peppers,  
capers, pickles \$0.88 each / Pick any 3 \$1.99**

**Extra Meat \$1.77**

**Roasted Red Peppers \$1.77**

**Loaded Home Fries SM \$4.99; LG \$5.99**

**Broccoli \$1.77**

**Add Potatoes to Sandwich \$1.50**

**Fresh Spinach \$1.77**

## Soups \$4.83

**MADE FRESH DAILY**

Includes a bagel or roll with butter

## Salads

**Greek Iceberg, onions, tomato, feta,  
cucumber, olives \$7.99**

**Garden Iceberg, tomato, cucumber \$5.99**

**Chef Iceberg, tomato, cucumber topped  
with ham turkey & American and  
hard boiled egg \$7.99**

**Add Grilled Chicken +\$3.75**

**Add a Scoop of Tuna, Chicken or Egg Salad +\$3.91**

## Boar's Head Deli Sandwiches \$7.75

INCLUDES A MEAT, A CHEESE AND A TOPPING.

HAM • TURKEY • PEPPER TURKEY • HONEY MAPLE TURKEY • ROAST BEEF  
PASTRAMI • PEPPERONI • HAM CAPPY • CORNED BEEF • SALAMI • BOLOGNA

MOZZARELLA • CHEDDAR • SWISS • FETA • AMERICAN • PROVOLONE • MUENSTER  
PEPPERJACK

LETTUCE • TOMATO • ONION • PICKLES • JALAPEÑOS • PEPPERS • OLIVES  
(AVOCADO \$1.77) • (ROASTED PEPPERS \$1.77)

## Homemade Salads \$7.36

WHITE MEAT CHICKEN • WHITE MEAT TUNA • SMOKED WHITE FISH  
COUNTRY CHICKEN • EGG • WHITE MEAT VEGGIE TUNA • HONEY MUSTARD CHICKEN SALAD

Have it as a sandwich or on a bed of lettuce

BLT	\$7.23
Beef Burger and Fries	\$7.50
Beef Burger with lettuce & tomato	\$6.50
Grilled Cheese	\$3.91
Grilled Cheese and Fries	\$7.41
Chicken Sandwich w/ Lettuce & Tomato	\$7.99
Breaded Chicken Cutlet Sandwich	\$6.50

## Hot Cakes and French Toast

COFFEE, TEA, ICED TEA OR 6OZ. ORANGE JUICE INCLUDED

Hot Cakes Only	\$4.99
Hot Cakes + any meat	\$6.76
Hot Cakes + 2 eggs	\$6.79
Hot Cakes + 2 eggs ham, bacon or sausage	\$8.56
French Toast Only	\$7.60
French Toast + ham, bacon or sausage	\$8.99
French Toast + 2 eggs	\$8.99

## Grill No Egg Sandwich \$3.99

CHOOSE ANY BAGEL, ROLL OR BREAD

THEN CHOOSE ANY TWO:

ANY ONE OF OUR SEVEN CHEESES • BACON • HAM • SAUSAGE • TURKEY

## Classic Oatmeal \$2.99

MIX N' MATCH ANY TWO 0.50 / EACH ADDITIONAL  
BLUEBERRIES • RAISINS • WALNUTS • CRAISINS • SLICED BANANA



## Specialty Sandwiches \$9.25

### BEEF

**MUTT:** Hot roast beef and mozzarella on a hero

**PHILLY CHASER:** Hot roast beef, provolone, onion, tomato, oil and vinegar on a garlic hero

**PHILLY CHEESE STEAK:** Hot roast beef, onions and provolone (or American) on a hero

**WOOD CHOPPER:** Corned beef, pastrami, swiss, tomato & onion on a hero

**RUBEN:** Hot Corned beef, swiss and sauerkraut on grilled rye bread

**WESTERN BEEF:** Hot roast beef, mushrooms, peppers, onions on a hero

**BULLET:** Hot roast beef, melted cheddar and bacon on a toasted garlic hero

**LUMBER JACK:** 1/2 lb. beef patty, bacon, cheese and BBQ sauce on a hero

**CHELSEA:** Roast beef, cheddar, lettuce, tomato, & onions on a roll

**REGINA:** Hot Pastrami, swiss & sauerkraut on grilled rye bread

### COMBOS + \$0.99

**DAGWOOD:** Roast beef, ham, salami, turkey, Swiss and American, lettuce, tomato and onion on a hero

**MONTE CRISTO:** Hot Ham & turkey, lettuce, tomato, onion & melted swiss on hero

**ITALIAN:** Salami, pepperoni, ham cappy, provolone, lettuce, tomato, onion, oil and vinegar on a hero

**AMERICAN:** Roast beef, turkey, ham, American, lettuce and tomato on a hero

**TRIPLE PLAY:** Turkey, ham, bacon, lettuce & tomato on wheat bread

### TURKEY

**HAMPTON HOLIDAY:** Turkey, swiss & lettuce on a wrap

**G-MAN:** Turkey, bacon & melted swiss on a hero

**BLT WITH WINGS:** A triple decker BLT with turkey breast and a touch of mayo on white toast

### HAM

**BRONX BOMBER:** Ham and melted American with lettuce and tomato on a toasted hero

**BOSTON RAG:** Hot ham, muenster, tomato & onion on a toasted hero

**THE COLONY:** Hot Ham, melted swiss & lettuce on a hero

### VEGGIE

**VEGGIE:** Munster, Swiss, lettuce, tomato, onion, mushrooms & olives on a hero

**STUFFED WRAP:** Chopped salad, tomato, cucumber, olives, feta & onion on a wheat wrap

**ROASTED PEPPER:** Fire roasted red peppers, provolone, lettuce, tomato & onion on a hero

### SPECIALTY SALADS

**DOUBLE PLAY:** Choice of any 2 fresh salads, lettuce, tomato and pickle. Served open-faced on a wrap

**TUNA SURPRISE:** Tuna salad, lettuce, tomato, onion & olives; open face on a wrap

## Golden Brown Chicken Cutlet Heros \$10.25

**CHICKEN CUTLET SUPREME:** Two cutlets, bacon & cheddar on a garlic hero

**LONG ISLAND SUPREME:** Two cutlets, bacon, cheddar & slaw on a hero

**SOUTHEAST SUPREME:** Two cutlets, cheddar, bacon & BBQ sauce on a hero

**GOOD OL' BOY:** Two cutlets, american cheese, lettuce, tomato, mayo on a hero

**LIL OF BOTH:** One cutlet, one burger, lettuce, tomato & russian on a hero

**THE ROMAN:** Two cutlets, lettuce, mozzarella & roasted red peppers on a hero

**CORDON BLU:** Two cutlets, wrapped in ham & swiss on a hero

## Sliced Premium Nova Scotia Lox

Nova Lox and Cream Cheese or Butter

\$9.25

Nova Lox and Gourmet Spread

\$9.75

Just Nova "Naked"

\$8.50

Make it a Deluxe (Onions and Tomato)

+\$1.50

## Gourmet Cream Cheese / Spreads \$1.99

VEGGIE • VEGGIE LITE • STRAWBERRY • SCALLIONS • SCALLION LITE • LOX

WALNUT RAISIN • OLIVE PIMENTO • JALAPENO • LOW FAT PLAIN

PLAIN TOFU • VEGGIE TOFU

ASK ABOUT LIMITED TIME SPECIALTY SPREADS

## Other Spreads

Plain Cream Cheese or Butter

\$2.07

Cream Cheese and Jelly

\$2.75

Peanut Butter

\$2.75

Peanut Butter and Jelly

\$2.75

Cream Cheese and Bacon

\$3.85

Cream Cheese and Tomato

\$2.95



P: 631-758-6467 F: 631-758-6477 BYWcafe@gmail.com

Our pledge is to use only the finest ingredients, because we believe name brands are far superior than generic brands... Such as Hellman's Mayo, Tropicana, Boars Head, Philly Cream Cheese, Perdue, Tyson, etc...

They cost a little more but we feel you the customer know the difference

Also we want to and can make anything "your way" just please be clear with us when ordering: only because one of the things we can't do, is read our valued customers minds.

### WHAT MAKES US BETTER?

Great FRESH LOCAL food

Huge Selection

Health and Weight Options

Friendly Service

Open 7 Days

Clean & Current Cafe Decor

Satellite News on big screen

FREE Wifi

XM Sirius Radio

ATM Access

Catering for any Occasion

Delivery Available

Credit Cards Accepted

Corporate Accounts

Giving Back to Our  
Community for  
Over 35 Years

RATED #1 BAGEL SHOP  
IN LONG ISLAND

DOORDASH



2799-8 Route 112

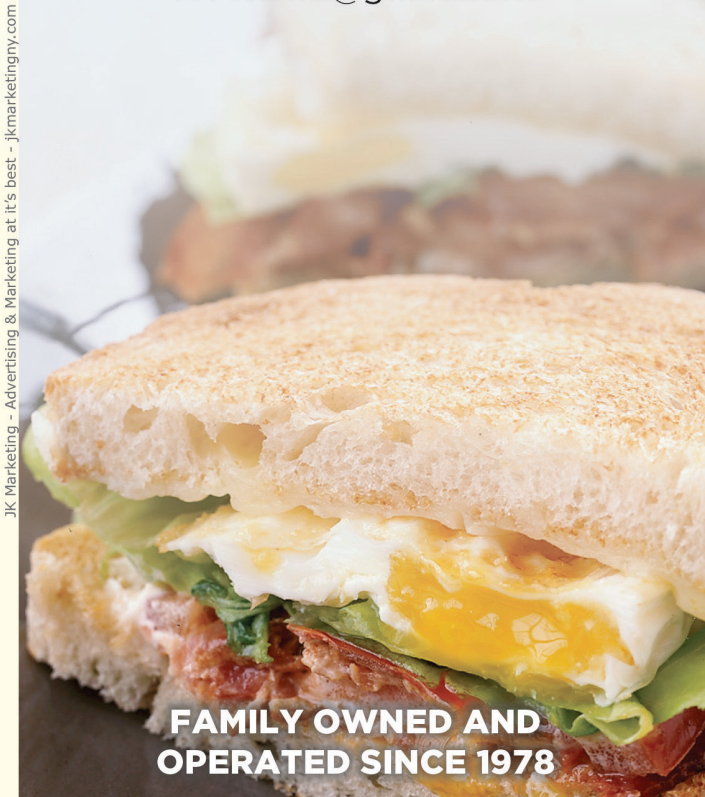
Medford, NY 11763

DMV/Staples Shopping Center

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**FAMILY OWNED AND  
OPERATED SINCE 1978**

**OPEN 365 Days a Year - 5:30AM**

[www.BagelsYourWayCafe.com](http://www.BagelsYourWayCafe.com)

Check out our Gluten Free Menu



# Lunch

## WRAP IT UP \$55.00

Great For Meetings, Gatherings, Parties, Lunch.... Just About Anything!  
A Delicious & Beautiful Assortment of Wraps And/Or Sandwiches Stuffed  
With Fresh Salads & Board Head Cold Cuts. Includes Pickle Tray!  
(Typically Feeds About 12-14 People, Yields 24 Pcs)

## COMPLETE LUNCH

Lunch for a group \$10.95 p.p. / \$12.99 with bottle beverage

\*10 Person Minimum\*

Meats, Cheeses, Soda, Deli Salads ( ¼ pp.)

Chips & Home-style Chocolate Chip Cookies,

Includes Paper Goods. Served Wrapped & Ready To Go!

## PARTY HEROS AND BAGELS

Italian - American - Chicken Cutlet Grilled Chicken - Turkey Club  
Veggie - Roast Beef - Turkey - BLT ...OR Your Favorite Sandwich

Please allow 24 Hour Notice	3ft HERO	4FT HERO	5FT HERO	BAGEL SHAPES
Italian	\$52	\$67	\$84	\$70
American	\$52	\$67	\$84	\$70
Veggie	\$52	\$67	\$84	\$70
Chicken Cutlet	\$58	\$67	\$95	\$75
Roast Beef	\$58	\$67	\$95	\$75
Turkey	\$58	\$67	\$95	\$75
B.L.T.	\$58	\$67	\$95	\$75
Bread ONLY	\$13	\$17	\$21	\$30
Any Spread	\$20	\$25	\$30	\$35

Heros include 1 pound of salad per foot

Potato - Macaroni - Cole Slaw

## Special Pricing For 10 Dozon or More...

Schools - Churches - Fundraising - Corporate Breakfast

# Notes

## BREAKFAST IDEAS

- Bagels
- Muffin Platter
- Danish/Croissant
- Fruit Platters
- Sandwiches to go
- Yogurt & Fruit Bowl
- French Toast Platter
- Pancake Platter
- Coffee and Teas to go
- Juices
- Milk
- Nova Lox Platter
- Whitefish Platter
- Nova/Whitefish Platter
- Home Fries
- Box Breakfast ready to go

## LUNCH IDEAS

- Sandwiches
- Heros
- Wraps
- Salads
- Fruit Platters
- Sweet Trays
- Nova & Whitefish
- French Fries
- Box Lunch
- Soda
- Ice Tea
- Coffee/Iced
- Juice
- Milk
- Paper Goods



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Our only goal here is to make you the customer happy and pleased with your order. Please try to allow at least 24 hours notice (if possible) when placing an order. However, in the event you should need an order suddenly, for whatever reason, we do have many options available for you. Typically within hours time, because we do understand things happen not always planned. We are here to help.

A rush charge of 20% may added to catering with less than 24 hours notice.

All prices are C.O.D. and subject to change without notice-tax additional.

## WHAT MAKES US BETTER?

Great FRESH LOCAL food  
Huge Selection  
Health and Weight Options  
Friendly Service  
Open 7 Days  
Clean & Current Cafe Decor  
Satellite News on big screen

FREE Wifi  
XM Sirius Radio  
ATM Access  
Catering for any Occasion  
Delivery Available  
Credit Cards Accepted  
Corporate Accounts

Giving Back to Our  
Community for  
Over 35 Years

RATED #1 BAGEL SHOP  
ON LONG ISLAND



## CATERING MENU

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Check out our Gluten Free Menu



## Breakfast

### EASY \$25.00

Breakfast for a group

One Dozen Of Our Fresh Baked Bagels  
One Pound Mix-N-Match Spreads Of Your Choice

+ Butter & Jelly

All Beautifully Plattered & Ready To Go!

(Typically Feeds 8-12 People)

Add A Coffee To Go \$40.00

### COMPLETE \$42.00

Breakfast for a group

One Dozen Of Our Fresh Baked Bagels  
One Pound Mix-N-Match Cream Cheese Of Your Choice  
+ Butter & Jelly

Six Assorted Fresh Baked Muffins And/Or Danish  
Half Gallon Of Premium Orange Juice

All Beautifully Plattered And Ready To Go!

(Typically Feeds 10-14 People)

With Coffee To Go, (Includes Sweeteners & Cups) \$52.00

### BREAKFAST PARTY BAGEL \$60.00

(On A Huge Round Fresh Baked Bagel Of Your Choice)

Mix-N-Match: Bacon - Ham - Sausage - Cheese

(This Item Can be Sliced Upon Request)

(Typically feeds 10-12 people)

+ Have it as an Omlette +\$10.00

+ Add any premium meat +\$10.00

### BREAKFAST FOR 6 \$45.00

\*No Substitutions

Box of Fresh Made, Scrambled Eggs  
Box of Assorted Meats (Ham, Bacon, Sausage)  
Box of Home Fries  
6 Bagels or Rolls  
6x 6oz Orange Juices

Includes Salt, Pepper, Ketchup, Napkins & Plates

Add Coffee, Milk, +\$15.00  
Cups & Sweeteners

Add 12 Pancakes, +\$10.00  
Syrup & Butter

Add French Toast, +\$10.00  
Syrup & Butter

Add a Bowl of Fruit +\$25.00

## Breakfast

### Continental for 20 \$100.00

2 Dozen Bagels

1 Pound Assorted Cream Cheese

1 Pound Of Fresh Lunch Salads

+ Butter & Jelly

Coffee 2 Go

Iced Tea 2 Go

1/2 Gallon Milk

1/2 Gallon Premium OJ

2LB Tray of Sweets, Cookies etc..

Add A Fruit Bowl +\$30.00

### ASSORTED HOT BREAKFAST TRAYS

Bacon, Ham, Sausage & Cheese \$25.00

French Toast (12 pcs / 24 wedges) \$25.00

Pancakes (18 pcs) \$25.00

Home Fries / Fully Loaded \$25.00 / \$35.00

Classic Scrambled Eggs \$25.00

Omlette / Cheese \$30.00

Coffee To Go \$15.99  
(Includes Milk, Sugar & Cups)

### LITTLE LUNCHEON \$70.00

4 Assorted Fresh Salads

(Tuna, Veggie Tuna, Egg, Chicken, Country Chicken, Whitefish etc...)

2 Deli Salads (Potato, Macaroni, Cole Slaw)

1 Dozen Bagels/Rolls

Fresh Baked Cookies

Includes Paper Goods. Served Wrapped & Ready To Go.

### \*AHI TUNA & SMOKED SALMON PLATTER \$80.00

Sesame Seared Ahi Tuna & Fresh Sliced Smoked Nova Salmon  
Garnished with Veggie Spread, Wasabi & Soy Sauce.

\*\*Subject to Availability\*\*

\*Consuming raw and undercooked meat, fish shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

## Lunch

### WHITE FISH & NOVA LOX PLATTER \$35.00

One half pound of fresh white fish salad and one half pound of fresh sliced Nova Lox. Complete with lettuce, tomato and onion  
Arranged on a platter and Beautifully Presented

### NOVA LOX PLATTER \$38.00

One full pound of fresh sliced Nova Lox.  
Complete with lettuce, tomato and onion  
Arranged on a platter and Beautifully Presented

### WHITE FISH PLATTER \$35.00

One full pound of fresh white fish salad.  
Complete with lettuce, tomato and onion  
Arranged on a platter and Beautifully Presented

### CLASSIC TOSSED SALAD \$25.00

Crisp Lettuce, Sliced Cucumber & Ripe Tomatoes

### GREEK SALAD \$35.00

Crisp Lettuce, Ripe Tomatoes, Olives, Onions & Feta

### CAESAR \$25.00

Crisp Lettuce, Croutons & Parmesan Cheese

### CHEF SALAD \$40.00

Crisp Lettuce, Sliced Cucumber, Ripe Tomatoes  
& 1 Meat / Cheese Of Your Choice

### LARGE FRUIT PLATTER \$50.00

### FRUIT BOWL \$30.00

### FRESH MOZZARELLA & TOMATO PLATTER \$30.00

Our FAVORITE "MUST HAVES" for Any Gathering